"MAKE SELF RECOVERY / HEALING

THE FIRST PRIORITY IN LIFE"

– Aa, ya

SPECIAL STRESS - RELIEF PROGRAMMES FOR DAILY GENIUSES / CORPORATES / OFFICES



- * TAI CHI
 - * YOGA
 - ★ MEDITATION
 - ★ MIXED MARTIAL ARTS

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Humble Assistance Extended By Master Raju Das (Trained Under 1st Indian Shaolin Disciple)